



EFMP Exceptional
Family Member
Program



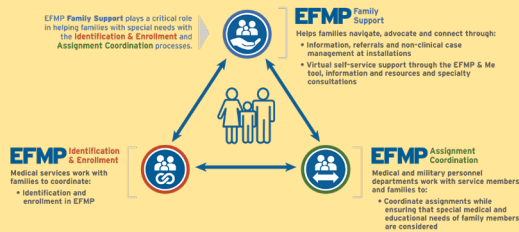
Navy Exceptional Family Member Program South Carolina

October 2026

A monthly newsletter to keep you connected to resources and events across the Palmetto State and throughout the Navy Region Southeast.

The Fleet and Family Support Program recognizes the Exceptional Family Member Program in October!

The EFMP is a mandatory enrollment program for service members with family members who have a chronic medical, behavioral health, and/or educational need. Enrollment ensures the special needs of their family member(s) are considered during the assignment process, and that service members are assigned to geographic areas where the needed services are available and accessible. The



EFMP strives to support the quality of life of then entire family by providing support from the EFMP Case Liaison.

These supports include:

- Ongoing communication with an EFMP Case Liaison for continuous family support and I&R services
- Warm Hand-off between losing and gaining EFMP Case Liaison during PCS to ensure continuity of support throughout relocation
- 3 – Tiered Special Education Support to educate and empower parents/guardian's to be their child's best education advocate

EFMP&ME

Resource Highlight: EFMP & ME

The EFMP & Me tool provides checklists, resources, and referrals to guide you through each process and find support from the EFMP. This tool can be to navigate different resources and supports for families with special needs. For more information, visit: <https://efmpandme.militaryonesource.mil/>

Upcoming Events*

****These are some of *many* events being held throughout the state. For more information and resources, contact your EFMP Family Support representative or local disability organization. ** *No Federal Endorsement Intended*****

Lowcountry:

- Oct 3: [Limitless Monthly Outing \(Corn Maze\) with Summerville Parks & Recreation](#) (Moncks Corner)
Oct 3: [A Big Sit: Accessible Birding Event](#) (James Island County Park)
Oct 9: [Homeschool in the Parks: Creepy Crawlies](#) (Wannamaker County Park – North Charleston)
Oct 11, 15: [CML Superstars Sensory Friendly Museum Hours](#) (Children's Museum of the Lowcountry – Charleston)
Oct 12: [Accessi-Fall Festival at Ashley River Park](#) (Dorchester Co. Parks and Recreation - Summerville)
Oct 16: [Dancing Without Limits Halloween Dance w/ Summerville Parks & Recreation](#) (Summerville)
Oct 17: [Music Therapy & Parents Afternoon Out w/ Lowcountry Autism Foundation](#) (Charleston & Bluffton)
Oct 22: [Sensory Friendly Morning at the South Carolina State Fair](#) (Ladson/Charleston)
Oct 23: EFMP Spooky Sensory Space at JBLG Boo Bash (JB Lindsey Graham – Naval Weapons Station – Goose Creek)
Ongoing: [Therapeutic Thursdays](#) (City of Goose Creek Therapeutic Recreation)
Ongoing: [NAMI Virtual Support Groups](#) (High School, Adults, & Family groups) (Charleston)

Midlands:

- Oct 13: Sensory Friendly Day at Riverbank Zoo & Gardens (Columbia)
Oct 16: [Sensory Night at EdVenture Childrens Museum](#) (Columbia & Myrtle Beach)
Oct 18: [Sensory Sunday at Surge Adventure Park](#) (Columbia)
Ongoing: [Adaptive Recreation](#) with Richland County & [Therapeutic Recreation](#) with Irmo Chapin Recreation (Columbia)

Pee Dee:

- Oct 6: [Sensory Supported Night at Dave and Busters](#) (Myrtle Beach)
Oct 18: [Sensory-Friendly Jump at Big Air](#) (Myrtle Beach)

Upstate:

- Ongoing: [Inclusive Play Areas](#) with City of Greenville (Greenville)
Ongoing: [The Weekend Program with Camp Spearhead](#) (Marietta)

Virtual (State-wide):

- Ongoing: [Upcoming Trainings and Events](#) with Family Connection SC (SC Healthcare, Progress Monitoring and IEPs)
OneOp: [The Gut-Brain Connection: Microbiome and Mental Health in Military Populations](#)
Ongoing: [Webinars with Military Child Education Coalition \(MCEC\)](#)



Check out this month's Fleet & Family Support Family Connection Newsletter and webinar schedule:

<https://ffr.cnrc.navy.mil/Family-Readiness/Fleet-And-Family-Support-Program/Family-Connection-Newsletter/>

Webinars at www.MyNavyFamily.com

- 10/2: Mindful Practices During Stressful Times 10/14: Exploring Through the Senses
10/7, 10/15, 10/26: Click Smart: Kids Online Safety 10/20: 9 Steps to Positive Parenting
10/26: Life After Tricare 10/30: Retirement Ready Navy Spouse

Stay updated on the **Exceptional Family Member Program** here:



For family support or assistance, contact:

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<https://jbcnmfr.com/our-programs/the-exceptional-family-member-program/>