

# Career Readiness Standards

## TIER 1

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### Individual Transition Plan

The Individual Transition Plan is a Department of Defense Transition Assistance Program tool designed to help you organize and manage the information, decisions and actions your family needs to reach your unique goals after transition from the military.

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### eBenefits (VA.gov) Registration

eBenefits is a secure online portal from VA and DoD where you can manage your benefits. Registration on VA.gov requires creating a free account through ID.me or Login.gov to verify your identity, which provides access to VA healthcare applications, disability claims, education benefits, military records, and more