

## **CHARLESTON FOOD RESOURCES**

**Lowcountry Food Bank:** <https://lowcountryfoodbank.org>

**Military and Veteran Families:** Assistance to ensure military families and veterans have food.  
<https://www.fns.usda.gov/military-veteran>

**No-Cost Neighborhood Food Pantry:** 843-747-8146 or <https://lowcountryfoodbank.org/find-food/pantry/>

**Soldiers Angels:** Food resources are provided the second Tuesday of every month from 0930-1130. Pre-registration is required. <https://soldiersangels.org/get-support/fooddistributions/charleston/>

**South Carolina 211:** You can search for food resources based on your zip code. [www.sc211.org](http://www.sc211.org)

**Trident United Way:** <https://www.tuw.org/211-helpline>

**USDA National Hunger Hotline:** 1-866-348-6479

**WhyHunger:** Find community-based organizations and emergency food providers.  
<https://networks.whyhunger.org>

## **ADDITIONAL COMMUNITY FINANCIAL RESOURCES AND SUPPORT**

### **American Red Cross - Lowcountry SC Chapter**

Address: 2424-A City Hall Lane North Charleston, SC 29406

Phone: 843-764-2323

### **Bill Assistance (Utilities, Mortgage, Food Assistance)**

[https://www.needhelpayingbills.com/html/south\\_carolina\\_assistance\\_prog.html](https://www.needhelpayingbills.com/html/south_carolina_assistance_prog.html)

### **East Cooper Community Outreach**

**(Financial Assistance, Prescription Assistance, Food, Clothes)**

Address: 1145 6 Mile Rd, Mt Pleasant, SC 29466

Phone: (843) 849-9220

<https://eccocharleston.org/>

Hours: 10AM – 4PM M-W AND 10AM – 6PM TH

### **Helping Hands of Goose Creek (Food Bank)**

Address: 104 Commerce Pl #B, Goose Creek, SC 29445

Phone: (843) 553-7132 Hours: 9AM – 11:15AM M-F

### **Lowcountry Food Bank (Food Bank)**

Address: 2864 Azalea Dr, North Charleston, SC 29405

Phone: (843) 747-8146  
Hours: 8am – 4pm M-F

**Neighbors Together (Food, Voucher, Clothing)**

Address: 2105 Cosgrove Ave, North Charleston, SC 29405

Phone: 843-747-1788

<https://neighborstogether.sc.org/>

Hours: 10AM – 1PM M-F

**Operation Homefront**

Provides assistance to the military community and veterans with overdue bills, repairs and other critical needs.

<https://operationhomefront.org/critical-financial-assistance/>

1-877-264-3968

**SCServes-South Carolina (One Stop Shop Assistance-Specifically for Military)**

<https://scserves.americaserves.org/> 1-844-228-5875

**United Way - South Carolina 2-1-1**

211 is a free and confidential referral and information helpline and website that connects people of all ages and from all communities to the essential health and human services they need, 24 hours a day, seven days a week. Disaster services, housing, utilities, clothing, household, transportation, legal, education, employment, income support, mental health, health care, and so much more.

Call 211 or visit the website at <https://www.sc211.org>

**USDA Food Assistance Programs:** The Emergency Food Assistance Program (TEFAP) is a federal program that helps supplement the diets of people with low income by providing them with emergency food assistance at no cost. USDA provides 100% American-grown USDA Foods and administrative funds to states to operate TEFAP. [Eligibility and How to Apply | Food and Nutrition Service \(usda.gov\)](#)

**WIC/SNAP Benefits**

Lindsay Costin: [costinl@dph.sc.gov](mailto:costinl@dph.sc.gov) or 843-953-4317 (office) or 843-718-9789 (cell)

**No Federal Endorsement Intended**